



NSTS
ENGLISH LANGUAGE INSTITUTE

MALTA 2014
THE NSTS EXPERIENCE

50

• YEARS •
INNOVATORS OF THE
MALTA ENGLISH
EXPERIENCE

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MESSAGE FROM THE DIRECTOR OF STUDIES

Welcome to the NSTS English Language Institute and congratulations on joining the tens of thousands of learners who have followed English language programmes at our Institute over the past 50 years.

NSTS is known internationally for its leadership in English language teaching and ongoing development in learner-centred communicative methodology. We are committed to offering high quality education that meets both personal and professional needs. Our holistic teaching philosophy maintains focus on the learner as an individual. Join our courses for an effective and long-lasting learning experience.

Apart from excellent tuition, you will also receive the best personal support throughout your stay with us. After being welcomed on day one, you will complete a Placement Test so that we can assess your level of English. Individual learners also benefit from a specially-designed 'needs analysis', which identifies linguistic and professional needs and allows our academic team to plan and provide a custom-made course of studies.

NSTS believes in the best personal experience and outcome for every student, facilitated by experienced and highly-qualified teachers. NSTS uses the latest teaching techniques to help students reach their full potential. Learning English through different media and materials provides a dynamic, interactive experience.

The NSTS English Language Institute offers courses at all tuition levels, whether you are a beginner or already proficient and seeking to improve your skills. NSTS courses are based on the six levels of the Common European Framework of Reference (CEFR) for languages of the Council of Europe.

Progress will be monitored by our teaching staff throughout your stay. Through constant, focused individual attention and professional advice, you will be encouraged to exploit the full potential of your NSTS experience.

At the end of each programme, NSTS awards an English Language Institute Certificate, detailing the training programme undertaken and the level of proficiency achieved. The Certificate can be used for academic and professional profiles.

NSTS places utmost importance on education through enjoyment of life. Many of our students repeatedly recommend our language school to

family members, colleagues and friends for academic integrity, multicultural diversity and our programme of English-speaking social and cultural activities.

We invite you to discover more about us and the ways we can offer you a unique and unforgettable learning and living 'Malta English' experience.

Louis Grech
Director of Studies
NSTS English Language Institute



MALTA & THE NSTS EXPERIENCE

English was adopted as an official national language in 1934 toward the end of the 164-year British rule, which came to an end in 1964 with independence. Just one year earlier, NSTS welcomed students to the country's first-ever English language course for non-native speakers.

Now known as NSTS-English Language Institute, Malta's first English language school celebrates more than 50 years of making Malta one of the world's leading English Language Teaching destinations. Throughout this time NSTS has maintained a pioneering spirit and gained respect as an industry leader and innovator.

NSTS delivers exceptional service through expert staff

NSTS teachers are all qualified and hold recognised qualifications such as TEFL Cert, CELTA, DELTA and University Degrees in English. Moreover, the NSTS – English Language Institute was the first in Malta to be recognised as a Cambridge Centre and international teacher training centre. Non-academic staff is also highly trained to ensure a holistic educational and social experience for our learners and especially for the well-being of our young learners. One must also highlight that at NSTS we keep class sizes small*, guaranteeing increased student-teacher time and a more personal learning experience.

Mediterranean location & lifestyle

NSTS and Malta is your best choice for learning English abroad. In the past 50 years over 1.25 million learners have been welcomed to our unique Mediterranean archipelago. Learning English has become a major part of Malta's buoyant tourism industry. Malta is also recognised internationally for its strong economy and as a centre of excellence for business.

Located south of Italy in the heart of the Mediterranean, Malta comprises three distinctive islands, each a unique destination in itself. Location, lifestyle, and an extraordinary cultural heritage and history dating back 7000 years to early civilisation, all make Malta an ideal destination.

Malta offers the best climate within the European Union, from sunny winter days to summer paradise, when the islands become a playground by the sea. NSTS offers an extensive extracurricular calendar focused around water activities, culinary excursions, and a cultural programme engaging with the creative community and events, including festas, concerts, and festivals.

Friendship & hospitality

Malta boasts a small population with a big heart. Family, hospitality and quality of life are core values. The Maltese are known for their generosity and openness to friendship and hospitality. As a truly bilingual nation, the Maltese are always up for conversation in English. All these qualities add up to make Malta a safe place in which to be.

“ At NSTS we keep class sizes small*, guaranteeing increased student-teacher time and a more personal learning experience. ”

* Intensive English classes have an average of 6, and a maximum of 8 students. Business and Professional English classes have an average of 4, and a maximum of 6 students.

BEYOND THE CLASSROOM

NSTS recognises the importance of experiencing Malta beyond the classroom, by meeting people and having fun. For the young and especially those on long-term courses, an international experience can be somewhat daunting, which is why NSTS offers 24/7 emergency support to all its learners as well as pastoral care and mentoring to its long-term students.

NSTS's approach is that every experience has learning value, with the experience outside the classroom being just as important to the learning equation as the quality of the lessons and the teachers themselves. As an added bonus, therefore, and outside of formal class time, all students have access to an extensive programme of social

and cultural activities and excursions developed and organised by NSTS staff, some tailored to specific courses. It's a great way to practise your English while taking in Malta's vibrant lifestyle and rich culture, ranging from the very contemporary to prehistory dating back some 7000 years.



SOCIAL ACTIVITIES FOR ADULTS

Learners can look forward to an NSTS programme full of activities, which can include outdoor adventures and water activities, sight-seeing and visits to heritage and cultural sites, social and cultural events, culinary excursions, and hands-on creative activities, all of which define Malta. Students can visit picturesque villages in the south, discover Valletta and the Knights Hospitaller, enjoy film viewings, go on culinary excursions, experience Mdina by night, visit ancient temples, and more. Plus there's swimming, canoeing, paddleboat rides, snorkelling, evening dining and events, including festas, concerts, and festivals during the summer.

ADVENTURE EVENTS FOR YOUNG LEARNERS

When young learners enrol in an NSTS programme, they are also signing up for a social and cultural adventure with a good dose of fun. Regardless of the programme being followed, students will always have something extracurricular to do – to practise their English, meet and socialise with other students, make life-long friends and experience life in Malta – with broad supervision and support of NSTS's specially-trained 'Animateurs'. This team of young creative leaders develops and supervises activities, and provides support and encouragement.

A typical week is broken down into 21 morning, afternoon and evening sessions, whether in the classroom taking lessons, at the Residence or out and about with visits to cultural sites, sports, swimming, country walks, entertainment and other fun events. Maximum participation is encouraged.



Some sample activities include:

- Ice-breakers – a series of fun and intelligent games, incorporating movement and speaking, to break down communication barriers among new friends.
- St Peter's big splash – an afternoon of exhilarating swimming and dives into the clear turquoise sea at St Peter's Pool.
- International parties – mega parties with popular DJs are a favourite among international students in Malta.
- NSTS mini-Olympics – field games, competitions, tournaments and team-building activities, to encourage fun, fitness and socialising.
- Town scavenger hunt – follow the clues, discover the local neighbourhood and collect a swag of curiosities in this creative hunt devised by our animateurs.
- Face painting – artistic animateurs transform the faces of young students into animals while teaching the tricks of the trade.
- Life's a beach – from adrenalin-fuelled water-sports to sunbathing lazily on the beach, this is a great way to mix and relax.
- Foam parties – good clean fun and frivolity on the dance floor with jets of soap and great DJs.
- Karaoke contest – sing to your heart's content, entertain new friends maybe even get discovered.
- The Great Animation Show – students are encouraged to take to the stage and share their performance abilities, from acting, singing and dancing, to playing musical instruments, mime and martial arts.

Kids

Students attending the Kids English Camp join and participate in all 21 sessions, and are closely supervised whether they are at School, on activities or at an NSTS Residence.

16+ years

The Teens English Adventure programme is made up of 17 sessions per week including classroom lessons, with the option to choose 5 more independently. Students are obliged to inform an animateur when they are not joining an organised event.

14-15 years

Learners in this age group are expected to join and participate in all events throughout the week, also seeking to attend the optional activities.

ENGLISH COURSES FOR ADULTS

NSTS English Language Courses for adults are designed to improve everyday use of English in a social or work setting. Over a period of weeks, you will develop greater skills and confidence in English grammar, vocabulary and fluency. All courses incorporate formal classroom conversation and interactive lessons involving role play, and working in pairs and groups with learners having the option of augmenting their core course with top-ups or individual tutoring.

Learners also have access to a free weekly Focus Workshop where they can refine their pronunciation and grammar skills through group work, set tasks and

exercises, and self-study. The workshop's focus alternates each week, between either pronunciation or remedial grammar. Registration is required, and participation is open to all levels.

As an added bonus, and outside of formal class time, all students have access to an extensive social programme developed and organised by NSTS staff, and tailored to each course to further build on what is learnt in class. Practise your English while taking in Malta's vibrant lifestyle and rich culture, from the very contemporary to prehistory dating back some 7000 years.



INTENSIVE GENERAL ENGLISH

Classes are in small groups with an average class size of six learners and a maximum of eight, to make the most of teacher-student interaction and the opportunity to practise speaking. Lessons based on everyday topics focus on the four language skills (speaking, listening, reading and writing), developing fluency and skills and confidence in English grammar, vocabulary and pronunciation.

Moreover, learners taking 30 lessons or more have the option to take 10 lessons per week in either General English or as Themed English Lessons with each theme repeated once in each eight-week cycle.

Academic information

- Enrolments accepted all year round (with intakes of A1/Beginners every first Monday of the month)
- Minimum Entry Level: A2/Pre-Intermediate
- Average/Maximum number of learners per class 6/8

What's included

- Welcome pack and orientation
- NSTS Placement Test
- 20, 25 or 30 lessons per week of 45-minutes duration
- Wi-fi internet access at the school
- Weekly Focus Workshop
- 3 invitations to specific social activities per week
- NSTS English Language Institute Certificate
- 24/7 emergency number and support

Academic Add-on Options/Combinations

- Individual tuition
- English for Professional Purposes
- Business English
- Academic English

Typical Activities (including optionals)

- Visit villages in the south; discover Valletta and the Knights of Malta; film viewings; culinary excursions; Mdina by night; Karaoke bar; visit ancient temples, and more

Accommodation

- NSTS Hibernia Residence, Sliema
- NSTS Campus Residence, Msida
- Homestay & Executive homestay
- Hotels and apartments

THEMED ENGLISH LESSONS

Enroll to take a minimum of 30 English lessons and cultivate your curiosity and passion for the arts. This unique programme for adult learners covers interior and fashion design, writing and literature, digital and emerging media, art history, music and film. Open to learners with minimum CEFR Level A2 (B1 for some of the options below), learners have the option of attending 20 General English lessons in the morning and 10 themed sessions in the afternoon.

Creative Writing

These sessions aim to build on writing skills for different media, such as articles for magazines and newspapers, short stories, poems, and blogs. Students expand their vocabulary and familiarity with grammar, while refining creative writing skills.

Fashion

Immerse yourself in the world of fashion, from its history, designers and fashion houses, to current trends and styles, accessories and key language. Strong focus is on the use of media such as film, magazines and online.

Art History

These lessons cover art and architecture from pre-history to contemporary, and are for anyone with an interest in art.

Literature

Classes explore varied aspects of English Literature from poetry and plays, to short stories and extracts from novels. Designed for adult learners at CEFR B1 level or higher, with maturity and ability to approach and express ideas in English.

Film

This themed session course will give participants the opportunity to appreciate and understand selected feature films in English. Designed for adult learners at minimum CEFR B1 level, with maturity and ability to approach and express ideas in English, both orally and written.



Digital & Emerging Media

Learn how to navigate the expansive world of digital media to enhance 'your' English language experience. Lessons are hands-on, using online media platforms such as YouTube, e-newspapers and e-zines.

English through Music

Music can unleash students' imagination and ... language. This lively 10 lesson themed session will focus on various types of music, encourage its appreciation and exploit its evocative power to spur learners to use language meaningfully.

Interior Design

Explore English through interior design, from living rooms to hotel lobbies and restaurants. Designed for adult learners at minimum CEFR B1 level. The course exposes students to the English jargon used in the field of interior design, and provides some language opportunities for them to express their own creativity.

ACADEMIC ADD-ON OPTIONS/ COMBINATIONS

BUSINESS ENGLISH

Learn the language of the business world and prepare for career advancement. This option draws from the NSTS Business English course for all professionals seeking confidence and assurance in linguistic skills. Improve communication skills and learn how to best express yourself in all aspects of business life, including formal letters, memoranda, reports and e-mails. Additional focus is on the particular language of the business world on a global level. Students may consider using this course as preparation for the international Cambridge ESOL Business English Certificate (BEC) examinations.

Academic information

- Enrolments accepted all year round
- Minimum Entry Level: A2/Pre-Intermediate.
- Average/maximum learners per class: 4/6
- 10 lessons per week of 45 minutes duration

ACADEMIC ENGLISH

This can be combined with the core Intensive English course to further develop listening, writing, reading and study skills. It is essential for those who want to attend an English-speaking University and feel confident with language during lectures and tutorials. The course will also place any professional in an English-speaking environment at a definite advantage.

Academic information

- Enrolments accepted all year round
- Minimum Entry level: A2/Pre-Intermediate.
- Average/maximum learners per class: 4/6
- 10 lessons per week of 45 minutes duration

PROFESSIONAL ENGLISH

Professional English can be added to the core Intensive General English course with 10 one-to-one lessons where the student chooses the focus for the tuition – such as the type of texts faced in daily work, specific settings, presentations, reports or papers to be submitted.

Academic information

- Enrolments accepted all year round
- Minimum Entry Level: A2/Pre-Intermediate
- Number of learners per class: 1
- 10 lessons of 45 minutes duration per week

INDIVIDUAL TUITION IN GENERAL & PROFESSIONAL ENGLISH

With one-to-one tuition, the learner has the undivided attention of the teacher and full command of the type of lesson and study material. Lesson time and location is also flexible and is held at the learner's requirement. It is also possible for two students to take lessons with the same trainer if both have a similar level of English.

This unique and personal programme allows the learner to set the pace and choose the topics in a one-to-one session with experienced NSTS tutors. Lesson plans can be tailored to address particular language needs, like grammar, vocabulary, report writing, pronunciation and public speaking, as well as focus on language for the learner's social setting and specific professional needs.

Academic information

- Enrolments accepted all year round
- Minimum Entry Level: A1/Elementary
- Number of learners per class: 1 to 2
- May be combined with Intensive General English Course

What's included

- Welcome pack and orientation
- Needs Analysis
- 10, 15, 20, 25, 30, 40 lessons per week, of 45 minutes duration
- Wi-fi internet access at the school
- Weekly Focus Workshop
- NSTS English Language Institute Certificate
- 24/7 emergency number and support

Typical Activities (including optionals)

The NSTS activities programme includes outdoor adventures and water activities, visits to heritage and cultural sites, social and cultural events, culinary excursions, and hands-on creative activities.

Accommodation options

- NSTS Hibernia Residence, Sliema
- NSTS Campus Residence, Msida
- Homestay & Executive homestay
- Hotels and apartments



BUSINESS ENGLISH

These group courses will set you up with an advantage in daily professional life and career advancement, and improve confidence speaking in English on the subjects that matter to you most.

This course is designed for all professionals who are exposed to international commercial relations or simply seeking confidence and assurance in linguistic skills and improving communication skills in formal meetings, conferences, presentations, on the phone and at business social gatherings. The course can be undertaken as Business English only, or as a combination of Business and Intensive General English.

Learners can choose from the same programme of activities and excursions as the Intensive General English course, which also encourage English speaking practice outside the classroom.

Academic information

- Enrolments accepted all year round
- Minimum Entry level: B1/Intermediate
- Average/Maximum number of learners per class: 4/6

What's included

- Welcome pack and orientation
- NSTS Placement Test
- 20 or 30 lessons per week, duration 45 minutes
- Wi-fi internet access at the school
- Weekly Focus Workshop
- 3 invitations to specific social activities per week
- NSTS English Language Institute Certificate
- 24/7 emergency number and support

Academic Add-on Options/Combinations

- Individual tuition
- English for Professional Purposes

Typical Activities (including optionals)

The NSTS activities programme includes outdoor adventures and water activities, visits to heritage and cultural sites, social and cultural events, culinary excursions, and hands-on creative activities.

Accommodation options

- NSTS Hibernia Residence, Sliema
- NSTS Campus Residence, Msida
- Homestay & Executive homestay
- Hotels and apartments



CLUB 50+ ENGLISH IN THE MEDITERRANEAN

This course takes a somewhat light-hearted approach to lesson structure and focuses instead on the social and cultural experience of Malta, as well as forming new friendships within the group. Practise the four language skills and develop greater confidence in English grammar, vocabulary and fluency through every day conversation.

Academic information

- Two courses per year – April/May & October.
- Minimum Entry Level: A2/Pre-Intermediate
- Average/maximum number of learners per class: 6/10

What's included

- Welcome pack and orientation
- NSTS Placement Test
- 20 lessons per week, duration 45 minutes
- Wi-fi internet access at the school
- 4 half-day activities
- NSTS English Language Institute Certificate
- NSTS Leader/Theme Expert on activities
- 24/7 emergency number and support

Typical Activities (including optionals)

- 4 half-day themed activities tailored to the specific programme – Maltese Crafts; Mediterranean food and cooking; Christianity and the Knights Crusaders; Scenic country walks.

Accommodation options

- Hotels and apartments

PARENT & CHILD – Very Young Learners and Beginners

While parents take one of the various courses available to them, their child embarks on his or her own adventure in English. Designed for children aged between 6-9 years, lessons are fun and creative, incorporating language games, drawing, singing, acting and painting. Our teachers are specially trained to entertain and motivate, working with a small group of 1-3 young learners. Teaching is adapted towards older children when the Kids' English Camp and Teens English Adventure Courses are not available.

Academic information

- Enrolments accepted all year round
- Minimum Entry Level
Child: A1/Beginners;
Parent: as per chosen course
- Average/Maximum Number of learners per class:
Child: 1/3 when booking together;
Parents: as per chosen course

What's included

- Welcome pack and orientation
- NSTS Placement Test
- Tuition:
 - Child: 20 45-minute lessons over 4 or 5 mornings/ afternoons per week
 - Parent: as per chosen course
- Wi-fi internet access at the school
- NSTS English Language Institute Certificate
- 24/7 emergency number and support

Accommodation options

- NSTS Hibernia Residence, Sliema
- NSTS Campus Residence, Msida
- Homestay & Executive homestay



SUMMER & HOLIDAY PROGRAMMES

KIDS ENGLISH CAMP

NSTS leads the way in providing fun-filled, English learning holidays for children. Our young, highly-trained teachers exude patience and creativity, enabling young learners to use the English learnt at school. Our young learners open up and begin using the language with confidence following weeks of games, songs and stories with NSTS. This congenial atmosphere spills out of the classroom and into the residence where kids play games, and share their talents and experiences with peers from many different countries. All activities outside of class time, such as outings to the country, the beach and cultural events, are supervised by our trained NSTS 'Animateurs'.

In the evenings kids can watch DVDs, play games, go for walks, and enjoy other activities suited to their age, until it is time for lights out. While the kids are accommodated exclusively at NSTS Residences, alongside and under the watchful eye of NSTS Animateurs, a child's actions and behaviour remains vested in their parents. Activities offered outside lesson time include treasure hunts, water games, evening BBQs, dance classes, sports, swimming and indoor games. These camps are conducted during holidays, over the Easter period and in summer.

Academic information

- Availability & Duration:
 - Easter – March-April, 1 to 3 weeks;
 - Summer – June-September, 2 to 8 weeks
- Minimum Entry Level : A1/Elementary
- Average/Maximum number of learners per class: 10/15

What's included

- Welcome pack and orientation
- NSTS Placement Test
- 20 45-minute lessons over 4 or 5 mornings/ afternoons per week
- Class & activity intensity: 21 sessions of 3 - 4 hours each
- NSTS English Language Institute Certificate
- Supervision: 24/7 together with emergency support
- Airport transfers

Activities and Excursions

- Outdoor adventures and water activities, visits to heritage and cultural sites, social and cultural events, and hands-on creative activities.

Accommodation

- NSTS Campus Residence



TEENS ENGLISH ADVENTURE

The NSTS Teens English Adventure programme draws out the adventure-seeker and the studious in every student. English-speaking skills acquired in the classroom are practised during activities and excursions led by trained 'Animateurs', where students explore and discuss the beauty and riches of places like Valletta, Mdina, The Three Medieval Cities, the villages of the South, the Limestone Heritage, Dingli Cliffs, Gozo, and more. Students take excursions to the country during mid-term and Easter holidays, and in the summer it's the beaches for sunbathing, swimming, canoeing, snorkelling and other watersports.

Each day is a mixture of classes and events of three to four hours' duration, with a minimum of 17 sessions per week. This gives students over 16 years of age free time to use as they like, and for younger students, time for additional supervised events.

Evenings in Malta offer an abundance of social activities like dancing, dining, beach barbeques, bowling and karaoke, as well as live theatre and music events.

Students can stay at our fully-supervised NSTS Residences, or with a host family.



Academic information

- Availability & Duration
Winter: 1-3 weeks, March-April, May, October, December-January;
Summer: 2-8 weeks, June-September
- Minimum Entry Level: A2/Pre-intermediate
- Average/Maximum number of learners per class: 10/15

What's included

- Welcome pack and orientation
- NSTS Placement Test
- 20 45-minute lessons over 4 or 5 mornings/afternoons per week
- Class & activity intensity: minimum 17 sessions of 3 - 4 hours each
- NSTS English Language Institute Certificate
- Minimum 12 sessions of activities of 3 - 4 hours each
- Supervision: activity and in-residence together with 24/7 emergency support
- Airport transfers

Typical Activities

(including optionals)

- Outdoor adventures and water activities, visits to heritage and cultural sites, social and cultural events, and hands-on creative activities.

Accommodation

- NSTS Campus Residence
- NSTS Bella Vista Residence and Resort
- Homestay/Host Families

INDIESTYLE™ SUMMER ENGLISH

Designed for young adults who wish to learn English as well as to experience Malta's Mediterranean lifestyle to the full and more independently, hence INDIESTYLE™. This course takes a somewhat more casual approach but still focuses on practising the four language skills and developing greater confidence in English grammar, vocabulary, pronunciation and fluency through selected texts, celebrating the spirit of life of a Mediterranean summer.

Academic information

- Availability: mid-June to mid-September
- Minimum Entry Level: A1/Elementary
- Average/maximum number of learners per class 12/15

What's included

- Welcome pack and orientation
- NSTS Placement Test
- 20 45-minute lessons per week over 4 or 5 mornings/afternoons
- Wi-fi internet access at the school
- 2 invitations to social activities
- 24/7 emergency number and support
- NSTS English Language Institute Certificate

Accommodation options

- NSTS Hibernia Residence, Sliema
- NSTS Campus Residence, Msida
- Homestay & Executive homestay

Typical Activities

(including optionals)

- Visits to festas; swimming; canoeing; paddleboat rides; snorkelling; evening dining and cultural events, concerts, and festivals.



SCHOOL GROUP PROGRAMMES

Unique programmes for school-age students which combine learning and vocation with travel and cultural immersion. NSTS and the European Union both recognise the benefits of mobility programmes for young people at school – the European Union offers a targeted incentive programme. Malta is a popular European destination, largely because it is English-speaking, has 7 millennia of history to explore, a reputation for friendliness and hospitality, and is a safe environment for students.

NSTS is a top choice among school teachers organising school groups not only because of its flexibility in meeting and often anticipating their needs and those of its

students but also for the educational excellence of the programmes. The NSTS School Groups Manual is available on request to facilitate the work of agents and school teachers organising a school trip with NSTS, allowing them to customise the programme at will. The NSTS Campus Residence has been purposefully designed to accommodate the needs of school groups in a cost efficient manner, giving special attention to safety while providing the space necessary for the students to mix and share experiences. Alternatively, students can be accommodated with host families, allowing them to experience a different culture in a more intense manner.



GENERAL ENGLISH SPEAKING PRACTICE

A popular, classic stay for school groups. Students can either have morning or afternoon lessons in English conversation in the classroom, and continue to practise in their free-time or during one of the many possible activities including outdoor adventures, water activities, visits to heritage and cultural sites, as well as social and cultural events and activities. Teachers have the option of reserving less class time and more structured site-seeing, like visits to places of production in local industry. Lessons can also be tailored to a particular theme or school project.

Academic information

- Availability: September-June
- Minimum Entry Level: A1/Elementary
- Average/maximum no. of learners per class: 12/18
- Group sizes: 15-30 or 31-48 students

What's included

- Welcome pack and orientation
- NSTS Placement Test
- Duration: 1-2 weeks
- 20 45-minute lessons over 4 or 5 mornings/ afternoons per week
- Cultural visits: as requested /planned
- Leisure Events: 3 x half days per week
- Wi-fi internet access at the school
- NSTS English Language Institute Certificate
- Airport transfers
- NSTS Group Leader on activities

CULTURAL IMMERSION

Students take their knowledge of the English language on a cultural odyssey to experience Malta's 7000-year history. See the first-known free-standing monuments built by prehistoric man, trace the legendary story of the Knights Hospitaller, and embrace island life in the Mediterranean. An intermediate level of English (CEFR B1) is assumed for students to understand talks and texts at the cultural sites.

Academic Information

- Availability: September-June
- Group sizes: 15-30; 31-48 students
- Minimum Entry Level: B1/Intermediate

What's included

- Welcome pack and orientation
- Duration: 1-2 weeks
- Cultural Visits: 4 days per week
- Leisure events: 3 x half days per week
- Wi-fi internet access at the school
- Airport transfers
- NSTS Group Leader on activities
- 24/7 emergency number and support

Accommodation

- NSTS Campus Residence
- NSTS Hibernia Residence
- Homestay/ Host Families



ENGLISH FOR MY FIRST JOB AND WORK TRAINING

Created for older students who are preparing to leave school or attending a vocational college, this course makes sense of what is required to begin the search for a job. Skills covered include writing for a Europass CV and covering letter, resume, business letter, emails and the internet, and an introduction to the general culture of an English-speaking office. Students develop a good level of spoken English and then select 20 hour work placement which provides first-hand training and international work experience.

Academic information

- Availability: September-June
- Minimum entry level (based on Placement Test): B1/ Intermediate
- Average/Maximum number learners per class: 12/18
- Group sizes: 15-30 or 31-48 students

What's included

- Welcome pack and orientation
- NSTS Placement Test
- Duration: 1-2 weeks
- 20 45-minute lessons over 4 or 5 mornings/ afternoons per week
- On-the-job training: maximum 20 hours per week
- Leisure Events: 3 x half days per week
- Wi-fi internet access at the school
- NSTS English Language Institute Certificate
- Airport transfers
- Placements for on-the-job training
- NSTS Group Leader on activities
- 24/7 emergency number and support

Accommodation

- NSTS Campus Residence
- NSTS Hibernia Residence
- Homestay/Host Families

ACADEMIC PROGRAMMES

NSTS - International Academy was set up to provide general education programmes to international students who desire to study in an English-speaking environment. These programmes are intended for the motivated student.

ENGLISH EDUCATION FORMATION

Malta operates under the British system of education by virtue of the long period during which it was part of the British Empire. Under this system, Maltese students undertake five years at high school, followed by two years of senior high school to gain entry to a university. With English being one of Malta's official languages, teaching is in English. International students can join any grade, from age 11 years and up.

Prospective students should have a sufficiently high level of spoken English, at a minimum of IELTS 5.0 or equivalent and may be requested to provide appropriate certificates attesting to such proficiency. Interviews are conducted (via Skype) between April and June and studies generally begin in late September. If a student's English is not at the required level they would need to undertake an intensive 3 month course, beginning in July, with NSTS – English Language Institute.

HIGH SCHOOL

NSTS – International Academy has a formal agreement with select locally-registered High Schools which gives international students a rare opportunity to live in Malta and attend school. Acceptance is based on available space, and a minimum age of 11 years or completion of six years at junior school. The applicant's grade for admittance will be dependent on a reference from their current school.

High School subjects include English, modern languages, mathematics, science, social and environmental studies, physical education and optional subjects, as well as extracurricular activities like sport, gym, art, theatre, and class activities focused on personal development.

Students are expected to attend High School every day; however it is possible to substitute particular subjects with other studies. At the end of the scholastic year students are awarded a written testimonial reporting on work completed and academic achievement.

SENIOR HIGH SCHOOL

In the Maltese education system Senior High School builds the foundation for entry to university. During this time students also prepare for the English 'A-level' examinations, or equivalent, required for entry to an English-speaking university.

Students can decide on their own course of study by selecting any two subjects from the following groups:

- English and a European language
- Accounting, economics, computing or pure mathematics;
- Pure mathematics, physics, computing, chemistry or biology, together with four other subjects chosen from the humanities, commerce and the sciences.

Programme participants mix with students the same age and participate in the many additional social activities designed to help make your English-speaking education complete and enhance personal formation.

Academic information

- Availability: Scholastic year - September-June
- Minimum Entry Level:
 - HS Programme: A2/Pre-intermediate
 - SHC Programme: B1/Intermediate
- Preparatory English Course commencement: July/August
- English Language Preparatory Course: 20, 30 lessons per week of 45 minutes duration
- School year commencement: September
- Duration: one, two or three terms

What's included

- Welcome pack and orientation
- NSTS Placement Test
- Classes:
 - High School: up to 40 lessons per week
 - Senior High School: up to 25 lessons per week
- Student mentoring (periodic follow-ups)
- Pastoral Care
- 24/7 emergency number and support
- Airport transfers included

Accommodation

- Homestay/ Host families, boarding school
- Boarding School is an option for Senior High School students and for boys attending High School.
- NSTS residence accommodation is an option for Senior High School students only.



INTERNATIONAL BACCALAUREATE DIPLOMA PROGRAMME

NSTS – International Academy partnered with a select educational institution to place students in the International Baccalaureate Diploma Programme for entry into the American university system, which offers students a well-rounded programme combining academic focus with extracurricular activities and general life skills in creativity, decision making, service and fitness. The holistic formation of the programme also makes it ideal for students at boarding college.

This is a pre-university, two-year course. Students select a minimum ten subjects – three at a high level, three covering English and mathematics at a standard or higher level, and the remaining subjects chosen from modern languages, natural sciences, business and management, economics, philosophy, environmental systems and societies and the visual arts.



Academic information

- Academic year: September–June;
- Preparatory English Language Course: commencement, July–August
- English Language Preparatory course: 20, 30 lessons per week of 45 minutes duration
- Minimum Entry Level (IB Programme): B1/Intermediate
- Duration: 2 years

What's included

- Welcome pack and orientation
- NSTS Placement Test
- IB Course: 25 lessons per week
- Student Mentoring (periodic follow-ups)
- Pastoral care
- 24/7 emergency number and support
- Wi-fi internet access at the NSTS - ELI
- NSTS English Language Institute Certificate

Accommodation options

- NSTS Hibernia Residence
- NSTS Campus Residence
- Homestay & Executive homestay
- Boarding school

UNIVERSITY FOUNDATION IN ENGLISH AND BUSINESS STUDIES

This programme is intended to provide students with the necessary qualifications to enter top English speaking universities. This intensive, 24-week course combines English and Business Studies, leading to two examinations, one to establish the student's proficiency level in English and the other to attest to the student's grasp of an introductory level knowledge of business subjects. Students following this course must be motivated and committed to successfully passing their examinations.

The University Foundation course is a two-in-one formula which effectively saves one full year of study making it a highly cost-effective solution. Students with this certification are eligible to apply for a place in a first year undergraduate degree course in Business Management, at a number of English speaking universities worldwide. Your NSTS teacher will advise and assist with the application process at any of these universities.

This course is divided into two components: General English with Exam Preparation and lectures in specific business subjects at introductory level. The initial part of the course concentrates on General English with focus on the four language skills (speaking, listening, reading and writing), and on grammar and vocabulary. The Exam Preparation module prepares the student for the internationally-recognised IELTS exam.

The latter part of the course focuses on four business subjects at introductory level in Business, Qualitative Methods, Business Communication and Accounting in preparation for the ABE examinations. Success in these examinations grants the student the ABE Diploma in Business Management which is a Level 4 award of the European Qualifications Framework. This programme requires dedication and ten to fifteen hours per week of self-study.

Academic information

- Availability: Twice yearly in June and December
- Duration: 24 weeks (including one week mid-term break and one week exams)
- Minimum Entry Levels: A2/Pre-intermediate (English); Level 2 Mathematics (GCSE level)
- Average/Maximum number learners per class: 8/10 (English)



What's included

- Welcome pack and orientation
- NSTS Placement Test
- Weekly Focus Workshop (English Language component)
- 300 hours of English Language lessons including Exam Preparation
- 144 hours of lecturing for the Business Studies component
- Wi-fi internet access at the school
- Student Mentoring (periodic follow-ups)
- Pastoral care
- 24/7 emergency number and support
- 3 invitations to specific social activities per week
- NSTS English Language Institute Certificate

Typical Activities (including optionals)

The NSTS activities programme includes outdoor adventures and water activities, visits to heritage and cultural sites, social and cultural events, culinary excursions, and hands-on creative activities.

Accommodation options

- NSTS Hibernia Residence
- NSTS Campus Residence
- Homestay & Executive homestay

ACADEMIC YEAR IN ENGLISH

This long-term course prepares young adults for life at an English-speaking university and professionals for an international career.

The course is customisable and is made up of a core module of Intensive General English which can be augmented by three add-ons: Academic English, Exam Preparation/University Pathway and Business English. The course can vary in intensity according to the student's requirements and is available in bands of either 8 or 12 weeks for each module. The Intensive General English module can be further intensified by adding on individual tuition or additional group lessons.

NSTS teachers can advise when a student is prepared linguistically to take up each additional module.

Academic information

- Enrolments accepted all year round (students should plan around exam dates they wish to take)
- Minimum Entry Level: A1/Elementary
- Average/Maximum number of learners:
 - Intensive General English: 8/10
 - Academic English: 4/6
 - Exam Preparation/University Pathway: 6/8
 - Business English: 4/6
- Duration: variable

What's included

- Welcome pack and orientation
- NSTS Placement Test
- 20 lessons of 45 minutes duration per week in Intensive General English
- Wi-fi internet access at the school
- Weekly Focus Workshop
- Student Mentoring (periodic follow-ups)

ACADEMIC YEAR INTENSIVE GENERAL ENGLISH

Lessons focus on the 4 language skills of speaking, reading, listening and writing, as well as grammar and vocabulary and pronunciation. Progress is assessed every 4 weeks in the form of an appraisal, when you will discuss your achievements and receive guidance on developmental needs.

ACADEMIC ENGLISH

This top-up further develops listening, writing, reading and study skills. It is essential for those who want to attend an English-speaking University and feel confident with language during lectures and tutorials. The course will also place any professional in an English-speaking environment at a definite advantage.

- Pastoral care
- 24/7 emergency number and support
- 3 invitations to specific social activities per week
- NSTS English Language Institute Certificate

Academic Add-ons

- 10 lessons of 45 minutes duration per week in Intensive General English
- 10 lessons of 45 minutes duration per week in the Academic English module
- 10 lessons of 45 minutes duration per week in the Exam Preparation/University Pathway module
- 10 lessons of 45 minutes duration per week in the Business English module
- 5, 10 lessons of individual tutoring

Typical Activities (including optionals)

- The NSTS activities programme includes outdoor adventures and water activities, visits to heritage and cultural sites, social and cultural events, culinary excursions, and hands-on creative activities.

Accommodation options

- NSTS Hibernia Residence
- NSTS Campus Residence
- Homestay & Executive homestay

BUSINESS ENGLISH

Learn the language of the business world and prepare for career advancement. This top-up draws from the NSTS Business English course for all professionals seeking confidence and assurance in linguistic skills. Improve communication skills and learn how to best express yourself in all aspects of business life, including formal letters, memoranda, reports and e-mails. Additional focus is on the particular language of the business world on a global level. Students may consider using this course as preparation for the international Business English Certificate (BEC) exams of Cambridge University.

EXAM PREPARATION / UNIVERSITY PATHWAY

This top-up teaches techniques for sitting exams and is a recognised University Pathway course for English speaking universities, constituting the essential, basic eligibility unit for a university application. Your NSTS teacher can advise on whether the 8 or 12 week top-up programme is required for each individual student's university application process. This top-up also prepares for the internationally-recognised IELTS or Cambridge FCE, CAE, CPE examinations, by providing training in exam techniques, specific to the selection of exams available in Malta.

TEACHER TRAINING

NSTS is also one of Malta's leading teacher training institutes. As well as offering TEFL (Teaching English as a Foreign Language) Certificate courses year-round, NSTS offers two key qualifications within the international teaching profession – Language Awareness and Communicative Methodology, and CELTA (Certificate of English Language Teaching to Adults), the key to teaching English worldwide. NSTS has been a centre for teacher training for the past 30 years and was appointed as a CELTA training institute by the University of Cambridge in 1994, and is now a recognised leader in delivering this course.

LANGUAGE AWARENESS AND COMMUNICATIVE METHODOLOGY

This course focuses on both English language and teaching methodology. The two main objectives are to deepen awareness of the nuances of the English language while building on existing skills, and exploring current methodologies and best practice in teaching English to non-native high school students, ultimately keeping teachers abreast of change and advancement in their profession. This is a two week course which provides professional development for English teachers in mainstream high schools. Participants are eligible for funding through the EU Commission's Comenius/Grundtvig 2.2 grants.

Academic information

- Availability: July, October
- Minimum Entry Level: B2/Upper-intermediate
- Average no. of learners per class: 6-10

What's included

- Welcome pack and orientation
- 30 lessons per week, duration 45 minutes
- Wi-fi internet access at the school
- NSTS English Language Institute Certificate
- 1 invitation to social activities per week.
- 24/7 emergency number and support

Accommodation options

- NSTS Hibernia Residence, Sliema
- NSTS Campus Residence, Msida
- Homestay & Executive homestay

CELTA is a valuable qualification for anyone teaching English to foreigners. CELTA is widely recognised for its creative teaching practice, which combines regular theoretical discourse and feedback from leading trainers in the field with rigorous assignments and constructive peer review. Emphasis is on authentic classroom practice, to master class management skills and lesson planning through critique from peers and expert trainers. The course can be undertaken as full-time – 4 weeks, or part-time – 12 weeks.

Academic information

- Availability: Full-time – February, May, August, November; Part-time – December
- Entry level C1/Advanced
- Average no. of learners per class: 6 per Teaching Practice Class

What's included

- Welcome pack and orientation
- 40 lessons per week, plus study at home
- Wi-fi internet access at the school
- Cambridge ESOL Certificate
- 24/7 emergency number and support

Accommodation options

- NSTS Hibernia Residence, Sliema
- NSTS Campus Residence, Msida
- Homestay & Executive homestay

TEFL Cert.

This Teaching English as a Foreign Language (TEFL) Certificate course is an intensive 60 hour course including self-study based on practical methodology input sessions, peer teaching practice, supportive feedback and demanding assignments. It is recognised for its outstanding quality and results and has been recognised as an official Level 4 award of the European Qualifications Framework for Lifelong Learning. Courses are practical, held in small groups, and designed and run by internationally accredited trainers. The TEFL Cert. course can be combined with an Intensive General English course leading the learner to a C1 proficiency level prior to its commencement.

- Availability: See price list for dates
- Minimum Entry Level: C1/Advanced
- Average number of learners: 10
- Wi-fi internet access at the school
- NSTS TEFL Certificate

TEST FOR ENGLISH LANGUAGE TEACHERS (TELT)

The Test for English Language Teachers (TELT) is a local, publicly-offered examination which can be taken in part-fulfilment of the qualifications required to receive an EFL Teaching Permit in Malta. Since 2013 it has also been recognised as an official Level 4 award of the European Qualifications Framework for Lifelong Learning. The examination has been designed to assess candidates in three main areas: language description, sensitivity and awareness; language proficiency; and speaking.

The NSTS ELI offers preparation courses for TELT Exam sessions twice a year in Malta in time for the 2014 TELT examination sessions. The TELT preparatory course can be combined with an Intensive General English course leading the learner to a C1 proficiency level prior to its commencement.

- Availability: See price list for dates
- Minimum Entry Level: C1/Advanced
- Average number of learners: 10
- Wi-fi internet access at the school



ACCOMMODATION

NSTS offers a range of accommodation to ensure the comfort of all students and travellers. Learners can choose one of NSTS's own properties – NSTS Campus and NSTS Hibernia – for the experience of staying alongside fellow students from all over the world. Both are located within walking distance of our schools. NSTS accommodation provides a contemporary, social environment for the young independent traveller. For those seeking full immersion in daily Maltese life NSTS will also accommodate you with one of its many host families for the Family Stay option.

HOMESTAY / HOST FAMILIES

This unique accommodation option highlights the spirit of hospitality which characterises the Maltese people. NSTS officials personally visit and interview each host family before approval and keep regular contact to ensure you have the best possible stay. Guests are hosted on half-board – meaning breakfast and dinner are provided – with the latter most likely to be a typical Mediterranean-style meal with Italian influence. Families regularly host up to four English learners during peak times and provide shared facilities. Laundry facilities are available upon request. Executive homestay / host families are available on request.



CAMPUS STUDIO

NSTS CAMPUS RESIDENCE

NSTS Campus Residence, the newest addition to NSTS properties, is located on University Street, Msida, opposite the University of Malta sports grounds and the national swimming pool. Malta's cosmopolitan Sliema seafront is just 800 metres away, and the NSTS-English Language Institute is a 15 minute walk. The Residence caters to the accommodation needs of adults and young people, while the Junior Wing is designed specifically for young visitors with safety in mind and has 170 beds available, mostly in 5-bedded rooms with en-suite shower and toilette facilities

Campus Residence is fully-equipped and refurbished in a contemporary style, and is the ideal home away from home with all the facilities you need. A selection of single, twin and triple bedded studios incorporating a private kitchenette and en-suite shower and toilet facilities are available at excellent rates, while shared rooms for up to five people cater to the more budget conscious traveller. Bathrooms can be private or shared, and studios also feature open balconies overlooking the university sport facilities in front, and the pool at the rear.

Features include:

- One-room studios for up to 3 guests
- Standard rooms for up to 3 guests
- Junior wing rooms for up to 5 guests
- Wi-Fi in common areas
- Wi-Fi connectivity in rooms
- Air-conditioning
- Luggage store
- Towels and linen
- Laundry room
- Social meeting lounge
- Outdoor pool
- Breakfast facilities
- Study area
- Drinks and snacks vending machines
- Wheelchair access
- 24/7 emergency number and support
- Reception from 7am – 2pm

NSTS HIBERNIA RESIDENCE

NSTS Hibernia Residence on Depiro Street borders the seaside hub of Sliema and the picturesque St Julian's Bay. Just 250 metres away are the promenade and waterfront jogging path which are a feature of this lively part of the island. Also nearby is the NSTS-English Language Institute.

The Residence caters well to adults and young people with all the facilities you need. Accommodation is primarily one and two room studios, for up to 4 persons, with en-suite shower and toilet facilities, a balcony and self-catering facilities. NSTS Hibernia is also equipped to welcome persons with special needs.

Features include:

- One-room studios for up to 3 guests
- Two-room studios for up to 4 guests
- Internet terminals in common areas
- Internet connectivity in rooms
- Luggage store
- Towels and linen
- Laundry room
- Social meeting area with sun terrace
- Breakfast facilities
- Vending machines
- Wheelchair access
- 24/7 emergency number
- Reception from 7am – 2pm



HIBERNIA STUDIO

NSTS RESIDENCE BELLA VISTA (4 Star)

This friendly 4 star hotel resort enjoys a prime location close to the beach and opposite an expanse of green and a national park ideal for activities. It boasts of a good buffet style restaurant with a variety of dishes at each meal, a swimming pool and sun terrace, lounges and common rooms in addition to the NSTS leisure and animation room.

The hotel dedicates specific areas to host NSTS students separately from other guests. Bedrooms are well-appointed with (3 to 4 sharing) and have private en-suite bathroom and air-conditioning. A few 2 bedded rooms are available.



GENERAL INFORMATION

ARRIVAL AND FIRST DAY

When you book a course of study and accommodation with NSTS, you'll also be given the option to book a return airport transfer. Junior arrivals are greeted by NSTS staff at the airport. All arrivals receive a welcome pack which contains all the information needed before starting classes on Monday.

New students are welcomed at NSTS-English Language Institute at 8.30am on Mondays for a briefing on the 45-minute multiple choice Placement Test, course information and the social programme of activities and excursions, as well as an overview of the Maltese way of life and a few "do's and don'ts" to be observed. Following a short break, your NSTS English learning adventure begins.

EMERGENCY SERVICE AND SUPPORT

The NSTS Customer Relations team is always onsite at the Institute for assistance and information and to ensure that NSTS services meet expectations. The emergency phone number is +356 7949 5977.

VISA AND TEMPORARY RESIDENCE PERMIT

Visas for non-European Union students entering Malta should be obtained from the Embassies of Malta, Austria, France, Italy or Spain in your home country before travel. Consult www.foreign.gov.mt/Services/Travelling to Malta to extend your visa if you need to stay for a period of more than 12 weeks.



TERMS & CONDITIONS

Applications for persons under 18 years of age must be, and are deemed to be, endorsed by the person's parent/legal guardian who simultaneously retains full responsibility for their protégé's acts and/or omissions during the latter's stay in Malta. Applications through agents are deemed to be equally endorsed.

The conduct of a person under 18 years of age enrolled on an NSTS programme is governed by a student charter that is available upon request. The terms govern, among other things, unaccompanied outings in the evenings, return times, a refundable deposit of EUR50 levied by Residences against Damages or misdeeds, smoking and the prohibition of consumption of alcohol and do not exclude 16 year olds and over.

Enrolments accompanied by credit card full payment details will be received by electronic means at reservations@nsts.org or by fax on +356 255 88 200 up to 2 weeks before arrival (4 weeks for stays in July and August). If payment is by bank transfer to APS Bank Ltd, Valletta Malta (IBAN MT36 APSB 7709 1003 7352 20001076278) it must be effected 3 full weeks before arrival (5 weeks for stays in July and August) as there is a processing time of 1 week.

Enrolments will only be accepted and confirmed subject to receipt of full payment, space availability and NSTS being exonerated for any and all liability.

Changes notified or effected within 10 days prior to arrival are subject to a EUR50 fee. Cancellations or curtailments notified or effected within 10 days prior to arrival or 'no shows' are subject to a EUR250 fee at the discretion of management. No refunds are permitted for failure to utilise part or all of the services.

Fees include all that specified as incorporated in the selected service described in this brochure and NSTS is not liable for that not contained herein. NSTS reserves the right to alter any service, description and fee without prior notice and to provide substitute services of at least comparable standard and contents as originally confirmed.

NSTS may, without being liable in any manner whatsoever, exclude any person from a service applied for or being consumed, and demand his/her repatriation, if, in the opinion of Management, s/he appears likely to endanger or impair the health, safety or comfort of other persons using concurrent services, or the reputation of NSTS by his/her acts or omissions.

In enrolling with NSTS the applicant consents and authorises NSTS to process any personal data in accordance with the Data Protection Act of Malta and to transfer/disclose such data to other companies within the NSTS group of companies as deemed necessary for the provision of the services enrolled for and for the purposes associated thereto. Applicant consents to be being photographed for promotional purposes and to receiving marketing materials from NSTS and will be given the opportunity to opt out from this consent according to law.

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Image: www.viewingmalta.com

THE NSTS EXPERIENCE...

INNOVATORS

ENGLISH LANGUAGE TEACHING TO NON-NATIVE
SPEAKERS IN MALTA

HOST FAMILY ACCOMMODATION FOR FOREIGN
STUDENTS IN MALTA

STUDENT AND SCHOOL RESIDENCES FOR
FOREIGNERS IN MALTA

FOUNDERS

FELTOM - FEDERATION OF ENGLISH
LANGUAGE TEACHING ORGANISATIONS
- MALTA

ALTO - ASSOCIATION OF LANGUAGE
TRAVEL ORGANISERS

INITIATORS

ELT NATIONAL QUALITY
ASSURANCE AND STUDENT
PROTECTION REGULATIONS
IN MALTA

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