

# Pre-Departure Guide

## 2013-14



INTO<sup>®</sup> OREGON STATE UNIVERSITY

Oregon State  
UNIVERSITY

# WELCOME

Dear Students,

Welcome to INTO Oregon State University! We are eagerly awaiting your arrival on campus. This guide is designed to help you prepare for your departure. It contains helpful information about securing your visa, your application for health insurance and housing, what to bring with you and what to buy after you arrive, and details about your arrival at the Portland International Airport and transportation to the OSU campus.

There is always someone available to answer your questions or help you with any needs you may have at INTO OSU. We have a friendly and helpful team dedicated to your success and happiness, and we look forward to meeting you!

See you soon,

The INTO Oregon State University Team

## OUR MISSION

INTO OSU provides international students with learning experiences and services that promote academic, professional and personal success.

## PLEASE SUBMIT YOUR ARRIVAL DETAILS IMMEDIATELY TO:

[www.uhds.oregonstate.edu/into/arrival](http://www.uhds.oregonstate.edu/into/arrival)



[www.facebook.com/into.oregonstate](http://www.facebook.com/into.oregonstate)  
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Available on the  
**App Store**

ANDROID APP ON  
**Google play**

Get it at  **BlackBerry  
App World.**

# GETTING A STUDENT VISA

## GET YOUR F-1 VISA

You must have a valid passport in order to obtain a US visa. Your passport must be valid for at least six months at all times while you are living in the US.

Before visiting the US Consulate for your visa, please carefully read the instructions on the I-20 Certificate of Eligibility issued to you for your studies at OSU. Students with an I-20 will apply for an F-1 student visa.

## THE SEVIS I-901 FEE

The US Government requires that international students pay a SEVIS I-901 fee based on the SEVIS ID number on your I-20 when applying for an F-1 visa. The fee must be paid prior to the visa interview at the US Consulate. This fee is in addition to the visa application fee.

At the time of your visa interview, you will need to provide documents certifying the amounts and sources of financial support for your studies. In addition, you will need to present your I-20, SEVIS fee payment receipt, and proof of financial support to a US immigration official at the Port of Entry.



**For information about applying for an F-1 visa, go to the website of your nearest US Consulate or Embassy at:** [www.usembassy.gov](http://www.usembassy.gov)



**You can also visit the US Department of State's website:** [www.travel.state.gov/visa/temp/types/types\\_1268.html](http://www.travel.state.gov/visa/temp/types/types_1268.html)

## HOW TO PAY THE SEVIS I-901 FEE

Continuing students transferring from another US institution and dependents applying for an F-2 visa do not usually need to pay the SEVIS I-901 fee.



Your SEVIS ID number can be found above the bar code on the top right-hand side of your I-20 form. Use OSU School Code: P00214F00002000. You will need to be connected to a printer in order to print your fee payment receipt.

1. Go to the SEVIS I-901 fee website, [www.fmjfee.com/i901fee/](http://www.fmjfee.com/i901fee/), and complete the SEVIS Form I-901.
2. Pay the fee at least three business days before applying for your visa interview. You will need to pay with a credit/debit card.
3. Print your payment receipt. Your SEVIS I-901 fee receipt is required for your visa interview.
4. Bring your SEVIS I-901 fee receipt with you to the embassy or consulate and when you enter the US.



**For more information visit:** [www.ice.gov/sevis/i901/faq.htm](http://www.ice.gov/sevis/i901/faq.htm)



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[www.intohigher.com/oregonstate](http://www.intohigher.com/oregonstate)

## SEVIS FEE FOR TRANSFER STUDENTS

F-1 visa holders coming to OSU from another US school must complete an F-1 Transfer In Form within the first two weeks of class.

Failure to complete this process may result in a violation of your visa status. If you plan to travel outside the US before beginning your first term at OSU, please indicate that you will need the OSU I-20 for re-entry purposes. Do not use your previous school's I-20 for re-entry into the US.



**For your F-1 Transfer In Packet, please visit:** [www.oregonstate.edu/international/sites/default/files/atosu/transfer-in-packet.pdf](http://www.oregonstate.edu/international/sites/default/files/atosu/transfer-in-packet.pdf)

## BRINGING DEPENDENTS

Your spouse or child(ren) may be able to accompany you on an F-2 dependent visa. F-2 visa holders are not allowed to work, or pursue a degree program, Academic English or any other full-time language training program.



**For information on how to bring your spouse and/or child(ren) on an F-2 dependent visa, visit:** [www.oregonstate.edu/international/atosu/students](http://www.oregonstate.edu/international/atosu/students)

## VISA DELAYS

If you are unable to obtain a visa before the start of the term for which you have been admitted, please contact OSU's Office of International Admissions immediately.



**OSU's Office of International Admissions:** [intladmit@oregonstate.edu](mailto:intladmit@oregonstate.edu)



**OSU's Office of International Admissions:** +1.541.737.6310



## QUESTIONS?

Please contact an OSU International Student Advisor at [ISAS.Advisor@oregonstate.edu](mailto:ISAS.Advisor@oregonstate.edu) or by phone at +1.541.737.6310.



# MEDICAL

## IMMUNIZATIONS

The State of Oregon requires international students to provide proof of two (2) doses of measles, mumps, and rubella vaccine (MMR) (either combined in the MMR vaccine or given as individual doses) before you can register for classes. Students will attend a Student Health Check-in during Orientation. At that time, they can submit medical records, and/or receive an MMR shot if necessary, in order to be able to register on time.

We recommend students complete and submit the Immunization Documentation Form two weeks before their program start date in order to avoid possible delay in class registration and Late Fees. This form can be found on page 8-9.

You and your doctor will need to complete the Immunization Documentation Form. It must be signed by your doctor and show:

- Two doses of MMR given on or after your first birthday, and 28 days apart

-OR-

- One dose of MMR given within 30 days prior to your course start date (you can receive the second dose after you have arrived).

## HEALTH INFORMATION FORM

Students must also complete the International Student Health Information Form, available on the Patient Portal of the OSU Student Health Services (SHS) website.



**For more information, please visit:**

[studenthealth.oregonstate.edu/patient-portal](http://studenthealth.oregonstate.edu/patient-portal)

Please visit OSU's SHS website for more information on Health Insurance, Immunization Requirements, translated information about OSU's Student Health Services (Japanese, Chinese, Korean, Arabic, Russian) or other health and medical questions.



**For more information, please visit:**

[studenthealth.oregonstate.edu/international-students](http://studenthealth.oregonstate.edu/international-students)



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[www.youtube.com/intotv](http://www.youtube.com/intotv)  
[www.intohigher.com/oregonstate](http://www.intohigher.com/oregonstate)

## TUBERCULOSIS SCREENING

Students from countries identified as high risk for tuberculosis (TB) are required to complete a tuberculosis screening after arrival in the US. You will get more information about this process during Orientation. You do not need to submit any records in advance. If you are transferring from a US institution and have already completed a TB screening, you can have your records transferred to OSU.



A list of countries and detailed information regarding the testing guidelines may be found at:  
[studenthealth.oregonstate.edu/international-students](http://studenthealth.oregonstate.edu/international-students)

## PRESCRIPTIONS

Bring a copy of ALL prescriptions for medicines, eyeglasses, and contact lenses with you to the US. The prescriptions should be written in English.

## SMOKE-FREE CAMPUS

Oregon State University is a smoke-free campus. OSU Student Health Services (SHS) will work with students who would like support in quitting smoking.



To learn more about OSU's Smoke-Free initiative, please visit:

[www.oregonstate.edu/smokefree](http://www.oregonstate.edu/smokefree)



To learn more about SHS's smoking cessation program, please visit:

[studenthealth.oregonstate.edu/tobacco-cessation](http://studenthealth.oregonstate.edu/tobacco-cessation)



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# IMMUNIZATION FORM CONTINUED

Accurate immunization history is vital for effective care and treatment. Please provide as much immunization information as possible!

Please note the date format in the US: MM DD YYYY is the proper format for indicated dates on this page. Two digits should be indicated for the month (MM) and day (DD). Four digits should be indicated for the year (YYYY).

**Example: Dose 1**    07 / 27 / 1984  
                          MM    DD    YYYY

## Section 2: Additional Immunization History

### Polio

Date series completed (final dose given)        /        /         
                                                          MM    DD    YYYY

### Hepatitis A

Dose 1        /        /             Dose 2        /        /         
          MM    DD    YYYY                   MM    DD    YYYY

### Hepatitis B

Dose 1        /        /             Dose 2        /        /             Dose 3        /        /         
          MM    DD    YYYY                   MM    DD    YYYY                   MM    DD    YYYY

### Twinrix (Hepatitis A and Hepatitis B combined)

Dose 1        /        /             Dose 2        /        /         
          MM    DD    YYYY                   MM    DD    YYYY

### Varicella (Chicken Pox)

Dose 1        /        /             Dose 2        /        /             OR date of disease        /        /         
          MM    DD    YYYY                   MM    DD    YYYY                                           MM    DD    YYYY

### Tetanus-Diphtheria (Td)

Date childhood series completed        /        /             most recent booster        /        /         
                                                          MM    DD    YYYY                                           MM    DD    YYYY

### Tetanus Diphtheria Pertussis (Tdap)

Dose 1        /        /         
          MM    DD    YYYY

### Meningococcal

Dose 1        /        /         
          MM    DD    YYYY

### HPV

Dose 1        /        /             Dose 2        /        /             Dose 3        /        /         
          MM    DD    YYYY                   MM    DD    YYYY                   MM    DD    YYYY

### Exemptions:

- I was born before January 1, 1957 (automatic exemption from MMR requirement, though a completed health form is still required).
- Medical or religious waiver requested: you must come to Student Health Services to sign a waiver with a SHS clinician in order to receive a waiver.

# HEALTH INSURANCE

## HEALTH INSURANCE

Oregon State University requires international students be covered by health insurance which meets the US Government visa requirements, State of Oregon requirements and Oregon State University requirements. For this reason, the OSU International Student Health Plan is automatically added to the invoice of all INTO OSU students.

The OSU health plan covers INTO OSU students beginning five days before the program start date, and extends five days past the program end date to cover travel periods.

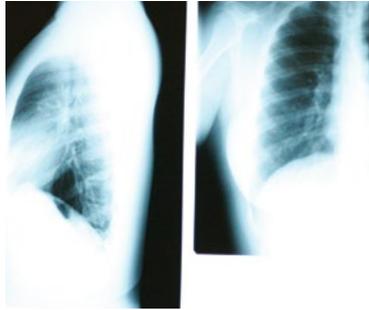
In rare instances, if a student can show proof of equivalent or greater health insurance coverage from a private insurer, students can be waived of the OSU insurance requirement. This may include a sponsor's insurance plan. Travel insurance policies are not accepted for waiver. To apply for the waiver, you must provide a complete copy of your health insurance plan, in English with coverage amounts in US Dollars.



**To check if your alternate insurance will be accepted, please download and carefully review the "International Insurance Waiver Requirements" at:**  
[studenthealth.oregonstate.edu/internationalplan](http://studenthealth.oregonstate.edu/internationalplan)



**If you have questions about health insurance, please contact the OSU Insurance Office at:** [OSUStudent.Insurance@oregonstate.edu](mailto:OSUStudent.Insurance@oregonstate.edu)



## DEPENDENT COVERAGE

Health insurance coverage for dependent spouses and family members traveling with an international OSU student is available at an additional cost. If you would like to enroll your family members for dependent coverage, visit the Student Health Center after you arrive to complete and submit enrollment forms by the end of the third Friday of the term.

## PAYING FOR YOUR INSURANCE

The cost of the OSU International Student Health Plan will be charged to your OSU student account each term upon registration. Students may pay online, through the OSU Student Health Services Office or through the OSU Cashier's Office. Payment is due by the third Friday of the term; otherwise students may be prevented from registering for classes for the following term.

Please note that INTO OSU does not accept payments for student health insurance.



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[www.intohigher.com/oregonstate](http://www.intohigher.com/oregonstate)

# LOCAL MEDICAL SERVICES

## MEDICAL SERVICES IN CORVALLIS

The most common way to see a doctor in the US is by making an appointment during business hours, 8:00 am–5:00 pm, Monday through Friday. You will learn more about how to do this at Orientation and in your Student Handbook. However, sometimes medical assistance is needed urgently, without an appointment, or outside of business hours. If you need medical attention from a doctor please use these resources:

### OSU Plageman Student Health Center (PSHC)

Provides general services to students only

**Location:** On campus

**Phone:** +1.541.737.2721

**Hours:** Monday – Friday 9:00 am–6:00 pm,  
Saturday 10:00 am–3:00 pm, Sunday CLOSED

**After-hours Urgent Medical Advice Hotline for  
students:** +1.800.607.5501

By calling +1.541.737.9355, you will hear a recorded message listing services and phone numbers, 24 hours a day.

### Good Samaritan Hospital

Provides general and emergency care to everyone

**Location:** 3600 NW Samaritan Drive

**Phone:** Information +1.541.757.5111,

Emergency +1.541.757.5021

**Hours:** Emergency services available 24 hours a day, seven days a week.

### Corvallis Clinic

Provides general care to everyone

**Location:** 3680 NW Samaritan Drive

**Phone:** +1.541.754.1150

**Hours:** Monday–Friday 8:00 am–5:00 pm

### Samaritan Urgent Care Center

Provides urgent care to everyone

**Location:** 5234 SW Philomath Blvd.  
(in Sunset Plaza next to Safeway)

**Phone:** +1.541.768.4970

**Hours:** Weekdays from 8:00 am–9:00 pm,  
Saturdays from 9:00 am–6:00 pm,  
Sundays from 10:00 am–6:00 pm



## MEDICAL EMERGENCIES

For medical emergencies outside of the times posted above, you have the following options:

- Good Samaritan Hospital Emergency Room, open 24 hours a day, seven days a week
- Call 911 for medical dispatch. An ambulance will come get you, on or off campus, and evaluate you or take you to the hospital.
- You can call the INTO OSU Emergency Phone number, +1.541.224.2964, for assistance over the phone.
- You can also call the OSU Campus Police Emergency phone number, +1.541.737.7000, and they will come to you if you are on campus.



# SAFETY

## CORVALLIS SAFETY INFORMATION

Corvallis and Oregon State University are very safe and welcoming places. However, it is important to be aware of possible threats and take steps to help ensure the safety of your property and yourself. The most common crime in Corvallis is theft. Follow these steps to prevent thieves from taking advantage of your unprotected property:

- Lock up your bicycle whenever you leave it unattended. Securely lock your bike through the frame and both wheels. Don't buy an expensive bike, as it will be more attractive to thieves.
- Do not leave items unattended in the library. Even textbooks may be stolen, as thieves hope to sell the books for cash.
- Always keep your OSU ID card on you and safe, as a thief could use the money attached to the card to make purchases on campus.
- Always lock the door to your house, apartment or dorm room when you leave. It is also a good idea to lock your windows.
- Always lock your car when you are not using it. Do not leave valuable items in your car.
- Do not keep a lot of cash with you or in your apartment or dorm room. Keep it in the bank until you need it.

## CAMPUS SAFETY TIPS

- At night, use well-lit and well-traveled routes. Avoid dark, vacant areas.
- Travel with a friend or in a group.
- Saferide is free for all OSU students and provides transportation to, from, or around campus for anyone who doesn't feel comfortable walking at night. Call +1.541.737.5000 to schedule a ride.
- Campus Security can provide additional services such as personal escorts, vehicle jump-starts, and building access assistance. Call +1.541.737.3010.
- Report any suspicious activity to Campus Security immediately, +1.541.737.3010.

- Blue Light Emergency Phones (*pictured at right*) are placed around campus for quick communication with Campus Security.





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App World.**

# PACKING

## WEATHER

Summer and fall in Oregon are generally sunny and warm. It can get hot during the day (24-32°C), but cools down in the evening (10-15°C). Winter and spring bring lots of rain and occasionally snow. Temperatures range between 10°C and -1°C. It is very important to have a good raincoat and an umbrella. You can purchase these items after you arrive.

## DRESS CODE

Most students at Oregon State University dress very casually. There is no official dress code.

## FOOD

There are opportunities to cook for friends in the residence halls and for special events on campus. Many spices and food items from other countries can be found in Corvallis, but be sure to bring recipes with you.

## CULTURAL ITEMS

There are many wonderful opportunities for international students to share their culture on campus during festivals and special events such as fashion shows, international dinners, cultural exhibits, and talent shows. Please consider bringing your national dress, or other clothes associated with a hobby or sport you enjoy in your home country. For example: martial arts attire, costume for national dances, soccer or other sports team uniform, clothing worn for formal or religious ceremonies, etc. You may also wish to bring items of cultural interest, such as photos, books, souvenirs, recorded music, and musical instruments. INTO OSU produces an International Fair each year as part of International Education Week in November, so please bring something to share!

## WHAT TO CARRY ON THE PLANE

- Your Pre-Departure Guide!
- Valid passport and visa
- I-20
- All papers from the INTO OSU Admissions Office
- Evidence of funding for your tuition, fees and living costs, including sponsor letter if appropriate
- Enough money for your first few weeks
- Health forms and immunization documentation
- Official transcripts or test scores you may need to present during Orientation
- Any insurance documents
- Any valuable items
- A copy of all prescriptions for medicines, eyeglasses, and contact lenses, written in English
- Do not bring any sharp objects, such as scissors or knives, or liquids or gels as these will be taken by airport security.





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# ARRIVING IN THE US

## LET US KNOW YOU ARE COMING

We would like to make your arrival in Oregon and transition to the OSU campus in Corvallis as smooth as possible. Please provide us with your flight arrival details so that we can make arrangements for you. You can also use this website to make a reservation for the INTO OSU Airport Shuttle Service.



### INTO OSU Arrival Information

**Submission:** [www.uhds.oregonstate.edu/into/arrival/information/login](http://www.uhds.oregonstate.edu/into/arrival/information/login)

For students living on campus, we request a passport photo so that we can have your OSU student ID card ready for you when you check into housing. The ID card can be used to purchase food and enter your hall.



### INTO OSU Passport Picture Submission:

[www.uhds.oregonstate.edu/into/arrival/picture/login](http://www.uhds.oregonstate.edu/into/arrival/picture/login)

When booking your flights you should arrive in Corvallis at least one day before your program start date stated on your I-20 or in your brochure. Please arrive at the INTO OSU Center by 8:00 am on your program start date.

## ENTERING THE US

As an F-1 student, you are allowed to enter the US no earlier than 30 days before the program start date listed on item #5 of your I-20. Be sure to have the following documents with you on the plane and ready to present at the US Port of Entry:

- Original I-20
- Valid passport
- F-1 visa
- SEVIS I-901 fee payment receipt
- Documentation of finances for your first year of studies

## CUSTOMS & IMMIGRATION

### Form I-94

You may receive Form I-94 (below) or similar official document to complete during your flight. In order to enter the US as a student, you must complete the form provided to you and present it to the immigration official when you enter the US. The immigration official will stamp your form and/or your passport with your type of visa status. Do not lose this form! We will make copies of the Form I-94 and/or passport stamps at the Immigration Document Check-in and you may need it to leave the country.

Dependent Number <b>123456789 01</b>		[Stamped at Port of Entry]
Immigration and Naturalization Service		ADMITTED (Port of Entry) (DATE) <b>F-1</b> Class Level <b>D/S</b>
I-94 Departure Record		
14. Priority Status		
15. Port (Name)/State	16. State (and Zip Code)	
17. Country of Citizenship		

### US Customs Declaration Form

You will also receive the US Customs Declaration Form (below) to complete during your flight. You must complete this form and present it to the immigration official when you enter the US. The immigration official will stamp it and return it to you. You will then present it to the Customs official at a separate checkpoint. Do not lose this form! If you are traveling with dependents, you will need to complete only one of these forms.

U.S. Customs and Border Protection	
<b>Customs Declaration</b>	FORM APPROVED OMB NO. 985-0009
19 CFR 122.27, 148.12, 148.13, 148.19, 148.111, 148.60, 31 CFR 5306 Each arriving traveler or responsible family member must provide the following information (only ONE written declaration per family is required):	
1. Family Name	
First (Given)	Middle
2. Birth date Day Month Year	
3. Number of Family members traveling with you	
4. (a) U.S. Street Address (hotel name/destination)	
(b) City	(c) State
5. Passport issued by (country)	



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# ARRIVING IN OREGON

## PORTLAND INTERNATIONAL AIRPORT (PDX)

The Portland International Airport (PDX) in Portland, Oregon, is the nearest international port of entry to Oregon State University.



Information about PDX can be found online at: [www.flypdx.com](http://www.flypdx.com)

## INTO OSU AIRPORT SHUTTLE SERVICE

The INTO OSU Airport Shuttle Service is only offered from PDX. This is the safest, most convenient way to reach the university from the airport. The drive takes about two hours, and the service is available 24 hours a day. This service is included for all students, however, you must make a reservation at least 72 hours in advance to use it. Fees may apply for non-students.



Please visit: [www.uhds.oregonstate.edu/into/arrival/information/login](http://www.uhds.oregonstate.edu/into/arrival/information/login) to submit your arrival details and reserve the Airport Shuttle Service.

## FLIGHT DELAYS AND PROBLEMS

If your flight is delayed, you cannot find the INTO OSU Airport Shuttle, your baggage is lost or you experience any other problems during your travel to Oregon, please do not panic.



Call the INTO OSU Arrivals Phone immediately at: +1.541.224.2964

There is an Information Booth outside the airport across from baggage claim #9. Someone there can help you.

## INTO OSU GREETING SERVICE

If you reserve the INTO OSU Airport Shuttle and arrive during the time frame listed below, you will receive the INTO OSU Greeting Service automatically and free of charge. You will be greeted by one of our staff members wearing a bright orange OSU shirt at baggage claim #9. They will escort you to your shuttle. For the best arrival experience, please plan to arrive during the times listed below. Outside these times, availability may be limited and additional charges may apply.

- Academic English and Pathway greeting service is offered on the Saturday and Sunday before your course start date, between 8:00 am and 8:00 pm.
- General English greeting service is offered on the Sunday before your course start date, between 8:00 am and 8:00 pm.

## RESIDENCE HALL MOVE-IN DATES

On-campus housing accommodations in the residence halls will not be available until the weekend before your program start date. The specific move-in date for your program will be sent to you with confirmation of your housing reservation. If you arrive before your on-campus housing is ready, you will need to stay in a local hotel. Please see Hotels on page 19.



# YOUR HOUSING

## LIVING ON CAMPUS

Undergraduate Pathway students are required to live in on-campus housing for their first three consecutive terms of study. Living in on-campus housing is optional for all other students. Priority is given to students who are required to live on campus. The most common room layout is for two students to share a bedroom, and four or more students share a bathroom. This arrangement is very popular in the United States.



**For more information, please visit:**  
[www.oregonstate.edu/uhds/halls-cooperatives](http://www.oregonstate.edu/uhds/halls-cooperatives)

Your move-in date will be sent to you by email when you receive confirmation of your housing reservation. The move-in date is usually 1-2 days before your program start date. If you arrive before your assigned move-in date, you will need to make temporary arrangements to stay in a hotel until you can move into the residence hall. Early check-in to your room may be available for an additional daily fee.



**For information, please contact the INTO OSU Housing Office at: [INTO.Housing@oregonstate.edu](mailto:INTO.Housing@oregonstate.edu)**

## BED LINENS

If you will be living in a residence hall, a bed linen pack is included. These items are given to you and do not need to be returned when you leave. The pack includes:

- Bed sheets
- Pillowcase and pillow
- Blanket
- Towel and washcloth

If you find that you need additional bed or bath linens, there are several stores near campus where you can buy these and other necessities after you arrive.



## Residence Halls include

- Shared bedrooms and limited single bedrooms
- Shared bathroom and limited single bathrooms
- Free high-speed internet connection (some halls require Ethernet cable connection)
- Free cable television connection (television not provided)
- Free on-site laundry facility
- Convenient location on campus
- Resident Assistant (RA) and Resident Director (RD) network of 24-hour support
- Dining facilities with a variety of food options

## DINING ON CAMPUS

Meal plans are automatically included for all INTO OSU students with on-campus housing. The cash value of your meal plan will be loaded onto your OSU ID card. You will then use your OSU ID card as a debit card to pay for meals. OSU has three main dining centers, as well as many convenience stores, coffee shops and other cafes around campus. Remember to always bring your OSU ID card with you and use it to pay each time you eat. Additionally, residence halls have shared kitchens, which allow you to cook what you want - just for yourself or with a group of friends.



**For information about dining services, including hours of operation, please visit:**

[www.oregonstate.edu/uhds/dining](http://www.oregonstate.edu/uhds/dining)



[www.facebook.com/into.oregonstate](http://www.facebook.com/into.oregonstate)  
[www.twitter.com/into\\_osu](http://www.twitter.com/into_osu)

[www.youtube.com/intotv](http://www.youtube.com/intotv)  
[www.intohigher.com/oregonstate](http://www.intohigher.com/oregonstate)

## OSU HOMESTAY PROGRAM

University Housing and Dining Services (UHDS) also offers homestays for new international students, for one or more terms, with hosts in the community. The Homestay program does not fulfill the requirement to live on campus for Undergraduate Pathway students.



**For more information, contact the OSU Homestay Program Coordinator at:** [homestay@oregonstate.edu](mailto:homestay@oregonstate.edu)

## OFF-CAMPUS HOUSING

The INTO OSU Housing Office is not able to assist students eligible to live off campus with finding housing. If you want to rent an apartment or house, you should arrive 1-2 weeks before your program start date. Off-campus housing in Corvallis is very limited due to a recent increase in the number of students attending OSU. Please plan ahead and allow enough time to find a place to live in Corvallis. Be careful about paying for housing before you see it.



**Helpful off-campus housing information is available online at OSU's International Programs website:** [www.oregonstate.edu/international/atosu/resources/housing](http://www.oregonstate.edu/international/atosu/resources/housing)

**Here are some popular resources for finding off-campus housing:**



**Craigslist:** [corvallis.craigslist.org](http://corvallis.craigslist.org)



**Corvallis newspaper:** [www.gazettetimes.com/admarket/rentals](http://www.gazettetimes.com/admarket/rentals)



**The Daily Barometer's Corvallis Area Renter's Guide:** [www.dailybarometer.com/renter-s-guide](http://www.dailybarometer.com/renter-s-guide)

## HOTELS IN CORVALLIS

Corvallis has several hotels within 8 kilometers (5 miles) of the OSU campus. You can contact the hotel by phone or internet and make a reservation using a credit card. When you make a reservation, ask about possible weekly discounts and tell them you are an OSU student. Many hotels require you to be at least 18 years old to rent a room.

**Hilton Garden Inn (closest to OSU)**  
2500 SW Western Blvd.  
Tel: +1.541.752.5000  
[hiltongardeninn1.hilton.com](http://hiltongardeninn1.hilton.com)

**Towne House (close to OSU)**  
350 SW 4th St.  
Tel: +1.541.753.4496  
[www.townehouse.mfbiz.com](http://www.townehouse.mfbiz.com)

**Super 8**  
407 NW 2nd Street  
Tel: +1.541.758.8088  
[super8.com](http://super8.com)

**Holiday Inn Express**  
781 NE 2nd Street  
Tel: +1.541.752.0800  
[hiexpress.com](http://hiexpress.com)

If you plan to live off campus, bring enough money to cover the cost of setting up your new home. This could include first and last months' rent, security deposit, utility deposits for gas, electric and telephone and the first month's utility bills. There may also be expenses for household items (furniture, kitchen appliances, etc.). These deposits and rent can cost at least \$1,500 or more.



# ORIENTATION

## YOUR FIRST DAY & ORIENTATION

You should arrive in Corvallis at least one day before your program start date (refer to brochure or I-20 for start date). Orientation will begin at 8:00 am on your program start date. Do not be late. Please meet at Reception in the International Living-Learning Center at OSU.



### Do not be late!

Do not be late for Orientation on your program start date. Sessions start at 8:00 am! All orientation events are required. All students must attend.

### At Orientation you will be able to:

- Complete an English level placement
- Open your OSU email account
- Learn about your resources at INTO OSU and OSU
- Confirm you have provided all required health and admissions documents
- Pay any balances you owe
- Learn about your student visa regulations
- Register for your classes
- Take a tour of OSU and Corvallis
- Receive your student handbook

### Be sure to bring the following with you to Orientation:

- Passport, visa, I-94 card, and I-20
- Original transcripts or test scores, if needed (see Checklist – page 30)
- Immunization Documentation Form (page 8-9) and Health Information Form, if you did not submit it online

## PLACEMENT & REGISTRATION

New students will take an English evaluation to determine their appropriate course level. Students cannot register for classes without doing the English evaluation, so do not be late. You will be able to register for your classes only after all admissions documents have been verified, full payment of tuition has been made and you have fulfilled the immunization requirement.

## LATE REGISTRATION FEE

Students who arrive late, or do not complete the registration requirements on time, may be subject to a Late Registration Fee of \$250. This fee will be charged to your student account and you will not be able to register for your classes until all balances have been paid.

## TEXTBOOKS

After you have registered for your courses, you will use your course list to select your textbooks from the OSU Bookstore. Textbooks can be expensive but used textbooks are often available in the Bookstore at lower prices. Approximate textbook pricing at INTO OSU:

- General English: \$150 –\$170 per two sessions (one academic term)
- Academic English: \$150 – \$200 per academic term
- Pathway: \$200 – \$450 per academic term, depending on your major



[www.facebook.com/into.oregonstate](https://www.facebook.com/into.oregonstate)  
[www.twitter.com/into\\_osu](https://www.twitter.com/into_osu)

[www.youtube.com/intotv](https://www.youtube.com/intotv)  
[www.intohigher.com/oregonstate](https://www.intohigher.com/oregonstate)



Download the free  
Pre-Departure Guide app at:  
[www.intohigher.com/osu/app](http://www.intohigher.com/osu/app)

Available on the  
**App Store**

ANDROID APP ON  
**Google play**

Get it at  **BlackBerry  
App World.**

# INTO OSU STUDENT SERVICES

## INTO OSU STUDENT SERVICES

Student Services at INTO OSU helps every international student feel welcomed, involved and connected. We provide support for students' daily lives, plan many unique and exciting trips and offer numerous opportunities to meet and talk to native English speakers. In short, we strive to help all of our students get the absolute most from their experience in Oregon. INTO OSU offers a high level of personalized service to ensure your success at OSU. Here is a list of programs and activities offered or promoted by Student Services at INTO OSU:

## SERVICES

- 24-hour Arrivals and Emergency Phone, +1.541.224.2964
- Full-time Academic Success Coordinator dedicated to supporting Pathway students' academic performance
- Full-time Student Care and Conduct Coordinator dedicated to helping students with any personal matter
- Full-time Campus Housing and Arrivals Coordinator to assist you with your on-campus housing reservation, changes, requests, questions and other issues

## ENGLISH CONVERSATION OPPORTUNITIES

English conversation programs and on-campus events help students feel like a part of the OSU and Corvallis community.

- Academic tutors and supported Study Hall for Pathway students
- Conversation partners for all INTO OSU students at Level 3 and above
- Weekly English conversation clubs on special topics like music and art
- International Students of OSU (ISOSU) Weekly Coffee Hour

## TRIPS & ACTIVITIES FOR STUDENTS

We offer trips all over the state, the Northwest and the West Coast, to show INTO OSU students the beauty and excitement our part of the country has to offer.

- Trips: day trips and overnight break trips, including Seattle, San Francisco, Los Angeles
- Sports: Free OSU sporting events, intramural sports, Dixon Recreation Center, trips to professional sporting events like NBA basketball, Seattle Mariners baseball and soccer
- Parties: Free Welcome and Farewell Parties with bowling, pizza, Wii, and karaoke
- Concerts and cultural events
- OSU student clubs and organizations to join

*My advice is you should get along with your Resident Assistant (RA) on campus. Of course, that means the teachers and the staff members too. Giving a good impression to them will help you a lot while you're living here, especially when you are from another country.*

**Dennis Ngoc Dien Ta, Vietnam**



*Sometimes you have to make fun a priority. If you see everything as homework, it doesn't work. So, find a balance between work and fun. Or make your work fun!*

**Oguz Serif Urhan, Turkey**



*I think students really have to read the Pre-Departure Guide. That way, they know what is going on when they arrive.*

**Joyce Tsz Yan Lam, Hong Kong**



# YOUR FIRST WEEK

## DRIVING

To drive a car in the US, you will need to get an Oregon State Driver's License. You must pass a written knowledge test of US driving laws in English and a driving test. You will also have to wait until after you are enrolled in your classes and can provide proof of enrollment to the Department of Motor Vehicles before you will be able to get a driver's license. More information about how to obtain a license will be provided after you arrive.



**For more information on buying a car and driving, please visit the International Programs page of the OSU website:**

[www.oregonstate.edu/international/atosu/resources/transportation/cars](http://www.oregonstate.edu/international/atosu/resources/transportation/cars).

## COMPUTERS & INTERNET ACCESS

If you would like to use the internet from your room in the residence hall, you will need your own computer and an Ethernet cable. There is ample access to computer labs on campus, including a 24-hour lab and the INTO OSU Learning Center computer lab. All internet access is free. For students who would like to use WiFi from their laptops on campus, wireless internet access is available throughout the OSU campus.

## APPLIANCES

US electrical outlets are 110 volts AC. If bringing appliances, phones, and other electronic items like computers or laptops, you may need a voltage adapter. In addition, the US has its own standard of electrical socket (NEMA), which may require a plug adapter as well.

We recommend purchasing most appliances and electronics after you arrive. Many appliances (like rice cookers or electric teapots) are not allowed in residence hall bedrooms and are provided free of charge in the residence hall kitchens.

## KEEPING IN CONTACT WITH HOME

When you arrive in the US you will have traveled a long way from home and although this will be an exciting time, please do remember that your family and friends may worry about you. Remember to contact them and let them know that you are safe!

## SKYPE

Skype is a free computer program that allows you to use your computer like a phone and place international calls to other Skype users for free. Depending on your computer, web cameras are also supported. Please go to [www.skype.com](http://www.skype.com) for more information and to download for free.

## TIPS FOR SUCCESS AT INTO OSU

- Attend ALL your classes. Attendance is required by your student visa.
- Always be on time to class. This is a show of respect.
- Do not use your cell phone during class.
- Be prepared for your classes. Bring your completed homework, textbooks, pens and paper.
- Care for others' feelings and cultures. Be kind in your words and actions.
- Feel free to ask questions whenever you need to. You can always come to the Welcome Desk!
- Join social events and sports clubs. Students who are involved with university life are more successful.
- Keep your room clean and tidy. It is your responsibility to clean up after yourself.





Download the free  
Pre-Departure Guide app at:  
[www.intohigher.com/osu/app](http://www.intohigher.com/osu/app)



# MONEY AND BANKING

## BANK ACCOUNTS

When you arrive in Corvallis, you will need to open checking and/or savings account(s) with a bank. More information will be provided during Orientation. You usually need two pieces of picture identification (passport and OSU ID card), your local mailing address and money to open an account.



More information is available on the International Programs page of the OSU website: [www.oregonstate.edu/international/atosu/resources/banking](http://www.oregonstate.edu/international/atosu/resources/banking)

## CASH & CREDIT/DEBIT CARDS

The currency in the United States is the US Dollar (US \$). It is divided into one hundred cents (100 cents). Bills are issued in \$100, \$50, \$20, \$10, \$5 and \$1. Coins are called a quarter (25 cents), a dime (10 cents), a nickel (5 cents) and a penny (1 cent). You should not carry large amounts of cash with you. However, plan to carry some smaller bills and change with you when you first arrive in the US for food, phone calls and other inexpensive purchases.

In the US, the most widely accepted credit cards are Visa and MasterCard. It is not easy for international students to obtain credit cards in the US. It is best to apply for a credit card in your home country. If you would like to take cash from your credit or debit account, you can use a Plus, Cirrus, Interlink or Star Network bank card to make a cash withdrawal. Cash machines are located in the airport, on the OSU campus, and around Corvallis.

## TRANSFERRING MONEY

Some countries have strict rules about transferring money to the United States.

- Be sure that you have made the necessary arrangements with your government and familiarized yourself with your bank's procedures for transferring funds.
- It is a good idea to transfer enough money to cover expenses for one term, in addition to tuition paid. The amount of money you will need each term varies with your living situation and lifestyle. Students living off campus will have more monthly bills than students living on campus, and therefore need access to more cash.
- You should have access to at least \$500 or more, to cover books, cell phone deposit and plan, and other living expenses.

## CELL PHONES

Most rooms in the residences halls have an active phone line that includes free local calling. If you would like to use the phone line in your room, you will need to purchase a phone. Phones are very inexpensive, starting from \$5. If you would like to have a cell phone while living in the US, Corvallis is covered by all four major providers (AT&T, Verizon, T-Mobile, and Sprint). For a monthly service plan, cell phone companies require a new customer to sign a two-year service agreement. Penalty charges apply if you cancel your contract within 2 years. If you do not want to sign a 2-year contract, you have a choice of pre-paid or pay-as-you-go plans. You will receive more information about buying a cell phone at Orientation.



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[www.twitter.com/into\\_osu](http://www.twitter.com/into_osu)

[www.youtube.com/intotv](http://www.youtube.com/intotv)  
[www.intohigher.com/oregonstate](http://www.intohigher.com/oregonstate)



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Available on the  
**App Store**

ANDROID APP ON  
**Google play**

Get it at  **BlackBerry  
App World.**

# MEET THE TEAM



**Amy McGowan**  
Center Director



**Bob Gilmour**  
Director of Academic  
Programs



**Valerie Rosenberg**  
Dir. of Int'l Admissions and  
Student Experience



**Erich White**  
Graduate Pathway Program  
Coordinator



**Greg Friedman**  
Undergraduate Pathway  
Program Coordinator



**Erich Cutler**  
Academic English Program  
Coordinator



**Mary Hughes**  
General English Program  
Coordinator



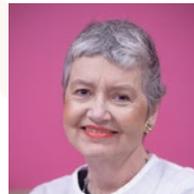
**Allen Dean**  
Campus Housing and  
Arrivals Coordinator



**Emily Stokes**  
Orientation and Student  
Programs Coordinator



**Emily Lawton**  
Student Care and Conduct  
Coordinator



**Candy Pierson-Charlton**  
Academic Success  
Coordinator



**Alex Beck**  
Progression Advisor



**Erin Creager**  
Student Services  
Administrative Coordinator



**Jessie Yu Song**  
Accounting Assistant/  
Chinese Language Advisor



**Ryoko Misner**  
Finance Assistant/  
Japanese Language Advisor



**Hafsa Al Shemoosi**  
Finance Assistant/  
Arabic Language Advisor



# KEY CONTACTS, USEFUL NUMBERS AND WEBSITES

Please make sure that you put these numbers in your phone.

## INTO OSU INFORMATION



**INTO OSU website:** [www.intohigher.com/oregonstate](http://www.intohigher.com/oregonstate)



**INTO OSU email:** [INTO@oregonstate.edu](mailto:INTO@oregonstate.edu)

## INTO OSU WELCOME DESK

+1.541.737.2464

The INTO OSU Welcome Desk is open Monday through Friday, 8:00 am to 5:00 pm.

## INTO OSU ARRIVAL PHONE

+1.541.224.2964

Use this phone number to contact INTO OSU during your travel to and arrival in Oregon and Corvallis. Please notify us immediately of flight delays, lost luggage or if you cannot find the airport shuttle service. Someone is always available to assist you.

## OREGON STATE UNIVERSITY INFORMATION

### OSU Information

+1.541.737.1000

[www.oregonstate.edu](http://www.oregonstate.edu)

### OSU Student Health Service (SHS)

+1.541.737.2721

Monday-Friday, 9:00 am-5:00 pm

Saturday, 10:00 am-3:00 pm

## USEFUL RESOURCES

OSU SHS: Find information here about required immunizations, health insurance, getting medical treatment on campus, and an overview of Student Health Services at OSU.



**OSU SHS website:** [studenthealth.oregonstate.edu/internationalstudents](http://studenthealth.oregonstate.edu/internationalstudents)



For helpful information about OSU, Corvallis, adjusting to life in the US, and OSU's cultural organizations please visit: [www.oregonstate.edu/international/atosu/resources](http://www.oregonstate.edu/international/atosu/resources)

## EMERGENCIES

### INTO OSU Emergency Phone

+1.541.224.2964

After you have arrived and begun your studies at INTO OSU, please use this phone number outside of Welcome Desk business hours for urgent matters only.

### OSU Campus Police

**Non-emergency:** +1.541.737.3010

**Emergency:** +1.541.737.7000

**Emergency Police, Fire and Ambulance Services (anywhere in the US):** 911

## CONNECT WITH US!

### INTO OSU Facebook:

[www.facebook.com/into.oregonstate](http://www.facebook.com/into.oregonstate)

### OSU Facebook:

Search "New2OSU-International"

### INTO OSU Twitter:

[www.twitter.com/into\\_osu](http://www.twitter.com/into_osu)

### OSU Twitter:

[www.twitter.com/oregonstateuniv](http://www.twitter.com/oregonstateuniv)

### INTO OSU YouTube:

[www.youtube.com/user/intotv](http://www.youtube.com/user/intotv)

### OSU YouTube:

[www.youtube.com/user/oregonstateuniv](http://www.youtube.com/user/oregonstateuniv)



# CAMPUS MAP & KEY LOCATIONS



# NOTES

A large rectangular area with a thin orange border, containing 20 horizontal dotted lines for writing notes.



# BEFORE YOU LEAVE HOME

## CHECKLIST

1. Download the INTO OSU Pre-Departure Guide App for your iPhone, Android or Blackberry device at [intohigher.com/osu/app](http://intohigher.com/osu/app).
2. Confirm that your passport will not expire while you are studying in the US. Then apply for and receive your F-1 Student Visa (page 4).
3. Get your measles, mumps, and rubella (MMR) vaccine, if you have not done so already, and have your doctor sign the Immunization Documentation Form (page 8-9). Scan this form and send via email to [immunizations@oregonstate.edu](mailto:immunizations@oregonstate.edu) or fax to +1.541.737.9665, at least two weeks before your term start date. Please bring a copy of these documents with you to Orientation.
4. Complete the International Student Health Information Form through the Patient Portal of the OSU Student Health Services website [www.studenthealth.oregonstate.edu/patient-portal](http://www.studenthealth.oregonstate.edu/patient-portal) (page 6).
5. If you would like to use the Airport Shuttle Service, submit your flight arrival details and make a reservation at: [uhds.oregonstate.edu/into/arrival/information](http://uhds.oregonstate.edu/into/arrival/information)
6. For students who will live on campus, submit a passport photo at [uhds.oregonstate.edu/into/arrival/picture/login](http://uhds.oregonstate.edu/into/arrival/picture/login) so that we can have your student ID card ready for you at check-in.
7. Review the list of "What to Carry on the Plane" on page 14.
8. If you will be enrolling in an Undergraduate or MBA Degree program, or an Undergraduate or Graduate Pathway program, you must provide the following documentation to the Office of International Admissions before you will be able to register for classes. You may submit these documents before arrival via mail, or you may present them during Orientation. 
  - Official Documents\*: sealed official high school or university transcripts and final certificate/diploma/degree certificates. English translations of these documents must also be submitted as Official Documents.
  - Official TOEFL score submitted online via ETS directly to OSU (OSU College Code: 4586)
  - Official results from other accepted English language tests

### To submit by mail:

OSU Office of International Admissions  
1701 SW Western Blvd.  
Corvallis, OR 97333  
USA

\*We define Official Documents as official, original transcripts, including graduation certificate, which are certified or attested by the appropriate school official in a sealed envelope and issued directly by the institution attended and/or government educational body. In cases where only a single original document is issued, we will accept copies of the original that are certified or attested and sealed by the appropriate school official.

# INTO OSU PRE-DEPARTURE GUIDE APP

The INTO Oregon State University student app has been developed to help new students familiarize themselves with INTO OSU and surrounding areas. Arrive fully prepared for your OSU studies with the help of your interactive OSU checklist. Features of the app include:

- Essential pre-arrival information, including guides and checklists
- Key staff profiles
- Links to social media
- Events calendar
- Campus maps



Get your app now!



Visit: [www.intohigher.com/osu/app](http://www.intohigher.com/osu/app)



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Pre-Departure Guide app at:  
[www.intohigher.com/osu/app](http://www.intohigher.com/osu/app)







- Icon of two people at a desk
- Icon of a plus sign
- Icon of a briefcase
- Icon of an airplane
- Icon of a bed
- Icon of a document with lines
- Icon of two people
- Icon of a graduation cap
- Icon of three people
- Icon of a checkmark

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Pre-Departure Guide app at:  
[www.intohigher.com/osu/app](http://www.intohigher.com/osu/app)

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**App Store**

ANDROID APP ON  
**Google play**

Get it at  **BlackBerry  
App World.**

**INTO Oregon State University**  
**Oregon State University**  
1701 SW Western Boulevard  
Corvallis, OR 97333  
USA

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F: +1.541.737.4220  
E: [into@oregonstate.edu](mailto:into@oregonstate.edu)

**[intohigher.com/oregonstate](http://intohigher.com/oregonstate)**

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**INTO**   
YOUR BEST ROUTE TO UNIVERSITY SUCCESS

With a unique partnership model and a rapidly expanding international network, INTO helps transform the capacity and performance of its partner universities. Major investment supports academic innovation and the development of outstanding facilities to provide students with distinctive, high-quality opportunities at excellent universities.

